

## **Minutes: Mayor's Seniors Advisory Committee**

Monday, February 26, 2018, 10:45 am

Senior Center, 5 Williams Street, Saratoga Springs, NY

### Attending:

Barbara Thomas, Janet Howells, Jay Portnoy, Lois Celeste (Senior Center), Ann Sheppard, Dee Sarno, Clifford Ammon, Virginia Muller, Judy Dahoda-Taylor & Denise Yanacci (Office of the Aging), Meg Kelly (Mayor), Lisa Shields (Deputy Mayor), Bree Hassell (Intern Senior Center), Grady Aronstam, Mary Ellen Ryall

The meeting was called to order at 10:45 am.

1. Minutes from the last meeting on January 22, 2018 were reviewed and approved.
2. Everyone introduced themselves.
3. Judy Dahoda-Taylor from the Saratoga County Office of the Aging gave a presentation about the "Home Delivered Meals" and "Senior Nutrition (Congregate Dining)" programs provided by the Saratoga County Office for the Aging. Home Delivered Meals provides meals to homebound elderly, age 60 plus, 5 days per week throughout Saratoga County. All meals include a frozen meal for evening. Meals are delivered by volunteers and more volunteers are always needed. There are also 16 Congregate Dining sites throughout the county where the elderly, 60 plus, can go and enjoy a meal with other seniors. Both programs require registration with the Office of the Aging. They can be reached at 518-884-4100.
4. The next topic was to choose a neighborhood of the city to reach out to all seniors. After some discussion, it was decided that it would be the Embury Apartments as we have a member residing in each tower.
5. The first step would be to create a flyer to be distributed door-to-door. A committee was formed for this task of: Dee Sarno, Barb Thomas, and Ann Sheppard.
6. Follow-up discussion with regard to the formation of a committee to get and analyze voter registration records to identify persons over age 55 in selected areas. Jay Portnoy, Jan Howells and Virginia Muller will take on the task
7. Report on the progress of drive up mail box remains a work in progress.

The meeting was adjourned at 11:45 am

Respectively Submitted,  
Janet A Howells

**Next Meeting: March 26, 10:45 am**  
**At the Senior Center, 5 Williams Street, Saratoga Springs**