

Saratoga Springs Rec Department

2016 Spring and Summer Program Brochure



Rec. Center Regular Hours

Monday - Friday.....8am-9pm
 Saturday.....8am-8pm
 Sunday.....11am-7pm

Rec. Center Summer Hours

Monday - Friday.....8am-8pm
 Saturday.....11:30am-5pm
 Summer hours: May 31-October 9

*Closed Holidays: March 27, May 30, July 4, September 5
 Holiday Hours 11-7pm: January 18, February 15, October 10*

2016 Registration Dates

Spring Programs: Feb 1 - Mar 28	Fall Soccer: Jun 6 - Aug 15
Camp Saradac City: Feb 29 - May 16	Fall Programs & Basketball: Aug 22 - Oct 11
Camp Saradac All: Mar 21 - May 16	Winter Programs: Nov 7 - Dec 27
Summer Programs: Apr 11 - Jun 20	

15 Vanderbilt Ave, Saratoga Springs, 12866 518-587-3550 x2300
 www.SaratogaRec.com recreservations@saratoga-springs.org

C=City Resident, S=School District Resident, N=Non School District Resident
 To Register: Visit Rec Center or Mail forms to 15 Vanderbilt Ave

Rec Card & Registration Info

Early Bird Spring
Soccer Registration:
Feb 1-Mar 28

Prices increase \$25
After Mar 28!

- The Rec Card is a yearly agreement that allows participation in Saratoga Springs Recreation Department programs. All Rec Card holders will now enjoy a simpler registration process.
- City and School District Rec Card holders who show their Rec Card at registration time will receive program discounts.
- Go to www.SaratogaRec.com or to the Rec Center at 15 Vanderbilt Avenue for additional information and to obtain a Rec Card application.
- Registrations are accepted by mail or in person at the Rec Center. Cash or Check only.
- Please make sure you select the proper program when registering. No refunds or credits will be given unless the Recreation Department cancels or changes a program.
- All programs have min/max enrollments. Registrations will be accepted on a first come, first served basis. Fees must be paid in full when registering. The Recreation Department may cancel classes or adjust schedules when necessary.



Spring Soccer



Youth Soccer Leagues

Little Kickers: Pre-K Sat or Sun
Big Kickers: Grade K Sat or Sun
Grade: 1-2 Tue & Sat or Sun
Grade: 3-4 Tue & Sat or Sun
Grade: 5-6 Wed & Sat or Sun
Grade: 7-12 T/W/Th & Sat or Sun
Dates: April 23-June 18
Times: Wk 5:30-7:30pm/Wknd 9-1pm
Location: The Saratoga Casino and Raceway (342 Jefferson St.)

Early Bird Fees:

Kickers C \$35, S \$60, N \$85
Grades 1-12 C \$50, S \$75, N \$100
 Add child C \$35, S \$60, N \$85

After Early Bird Fees:

Kickers C \$60, S \$85, N \$110
Grades 1-12 C \$75, S \$100, N \$125
 Add child C \$60, S \$85, N \$110

Our soccer program is separated into multiple divisions to ensure players develop appropriately. The Kickers programs play 1 time per week, on the weekend. All other divisions play once during the week and once on the weekend. Divisions and schedules may change depending on registrations.

Tee Shirt Included

Need Water, sneakers/cleats, shin guards

Wkend Dates: Sat 4/23, 4/30, 5/14, 6/4, 6/18
 Sun 5/8, 5/22, 6/12

No Games Sat/Sun Memorial day weekend.

Coordinator: Jeff Geller, SSHS Soccer Coach

Kickers Coord: Stephanie Geller, SSHS Soccer coach

Can't get enough soccer! Become a volunteer Coach. Two Volunteer Coaches are needed per team. Early Bird Registration Fee is waived on or before 3/28/2016 for the child of each coach. \$25 Registration fee will apply after 3/28/2016.

Spring Program Info



Jr. Sluggers Baseball

Grades: K-7
Dates: March 1-April 12
Time: K-3: Tues 5:30-6:30pm
 4-7: Tues 6:30-8pm
Fees: C \$50, S \$50, N \$70
Location: Recreation Center

Jr. Sluggers Baseball will help to teach the skills and fundamentals in order to get ready for the upcoming baseball season.

Tee Shirt Included

*** Volunteers Needed***

Coordinator: Wes Clark



Tiny T-Ball

Ages: 3-4 and 4-5
Dates: March 2-April 6
Times: 3-4: Wed 4:00-4:30pm
 4-5: Wed 4:30-5:15pm
Location: Recreation Center
Fees: C \$50, S \$50, N \$70

This parent/child activity will separate its players into 3-4yr and 4-5yr old divisions. Basic hitting, fielding, throwing, and base running skills will be taught. Glove and sneakers required (no cleats)

Tee Shirt Included

Coordinator: Wes Clark



Explore More Ice Skating *New*

Co-Sponsored with the Saratoga Springs Figure Skating Club, Saratoga Youth Hockey, and the Saratoga Winter Club
Ages: 3 and up (Adults included)
Dates: Mar 1-Mar 22
Times: Tues 5-6pm
Location: Saratoga Springs Ice Rink
Fees: C \$50, S \$70, N \$70

A 4 session program that will explore the fundamentals of figure skating, hockey and speed skating. Must be able to skate forwards, backwards and confidently stop.

Helmet Required

Skate Rentals available for \$4/class

Coordinator: Jill Ramos, Over 10 years coaching experience



AHA First Aid/CPR/AED

Ages: All
CPR/AED Dates: March 21 or May 17
CPR/AED Times: 6-8pm
First Aid Dates: March 22 or May 19
First Aid Times: 6-9pm
Location: Recreation Center
Fees: C \$60, S \$60, N \$65

This course that will teach important First Aid, CPR and AED skills. Knowing CPR, First Aid and how to use an AED device can help in emergency situations and potentially save lives.

Min 6/Max 8

Coordinator: Saratoga Springs Fire Department



Zumba Fitness

Fit Ages: 16+
Fit Dates: Session 1 March 2-April 20
 Session 2 April 27-June 15
 Summer Jun 29-Aug 17
Fit Times: Wednesdays 6:00- 7:00pm
Location: Recreation Center
Fees: Session C \$44, S \$60, N \$76
Drop In: C \$6, S \$8, N \$10

Zumba® Fitness classes are often called exercise in disguise. We take the "work" out of work-out, by mixing low-intensity and high-intensity moves for an interval-style, calorie-burning dance fitness party.

Instructor: Janine Hawthorne, Certified Instructor

Summer Youth Clinics

Early Bird Summer
Registration:
Apr 11-Jun 20

Prices increase \$25
After June 20!

Clinic Fees: C \$70, S \$70, N \$90 includes tee shirt *



Boys Basketball

Ages: 7-13

Dates: Session 1 July 5-July 8 (4 days)
Session 2 Aug 8- Aug 12

Times: Session 1 8:30-12noon
Session 2 8:30-11:30am

Location: East Side Rec

Learn the fundamentals and develop the skills necessary to be a successful basketball player. Drills and scrimmages will be utilized.
Need water and sneakers

Coordinator: Tony Devizzio



Girls Basketball

Ages: 7-13

Dates: July 11-July 15

Times: 8:30-11:30am

Location: East Side Rec

Drills and scrimmages will be used to help teach the fundamentals of basketball.

Need water and sneakers

Coordinator: Tony Devizzio



Volleyball

Ages: 8-14 yrs old

Dates: July 18-July 22

Times: 5:30pm-8:00pm

Location: Recreation Center

The Volleyball Clinic will help to develop skills and learn the rules and strategies of volleyball.

Need water and sneakers

Coordinator: Willie Davis and Keith Griffin



Am. Legion Baseball

Co-Sponsored w/Recreation Dept.

Ages: 5-14

Dates: June 27-July 1

Times: 8:30am-11:30am

Location: East Side Rec

Join the Saratoga Rec Dept and American Legion Baseball for our co-sponsored clinic.

Learn the sport alongside Legion Players!

Need water, sneakers/cleats, Glove

Coordinator: Paul Mound, Saratoga Stampedo, Head Coach Union College



Field Hockey

Ages: 8-14

Dates: July 11-July 15

Times: 5:30pm-8:00pm

Location: Recreation Center Field

This clinic will introduce participants to the game as well as develop the skills needed to be a successful field hockey player.

Need stick, water, shin guards, mouth guard

Coordinator: Christine Taber



Tennis

Ages: 6-12

Dates: July 25-July 29

Times: 6-7yrs 9:00am-10:00am

8-10yrs 10:00am-11:00am

10-12yrs 11:00am-12:00am

Location: East Side Rec

Develop skills and work on fundamentals to become a better tennis player. Register in specific age brackets to help facilitate drills and play levels.

Need racquet, water, and sneakers

Coordinator: John Capozzola

Summer Youth Clinics

Early Bird Summer
Registration:
Apr 11-Jun 20

Prices increase \$25
After June 20!

Clinic Fees: C \$70, S \$70, N \$90 includes tee shirt *



Soccer

Ages: 4-12

Dates: Session 1 August 1-August 5
Session 2 August 8-August 13

Times: 8:45am-11:45am

Location: Veterans Mem Park (Geyser)

Get ready for the upcoming Fall Soccer program by developing skills and fundamentals that will help you be a better soccer player.

Need shin pads, water, sneaker/cleats

Coordinator: Stephanie Geller



Cheerleading

Ages: 5-13

Dates: July 18-July 22

Times: 8:30am-11:30am

Location: Recreation Center

Like to Cheer? Want to learn how? Join the Saratoga Rec Dept for our Cheerleading Clinic and learn the fundamentals of cheering.

Need water and sneakers

Coordinators: Danielle Jourdan/Samantha Trimboli



Skate Park

Ages: 5-13

Dates: August 22-August 26

Times: 5:30pm-8:00pm

Location: East Side Rec

Like to skateboard? Join the Saratoga Rec Dept and learn tricks and tips to become a better skateboarder.

Need water, helmet, pads, board

Coordinator: Benji Gleeksman



Softball

Ages: 6-15

Dates: August 15-August 19

Times: 8:30am-11:30am

Location: Veterans Mem. Park (Geyser)

Focusing on the fundamentals of Softball, this clinic will use drills to help develop the skills necessary to be a successful softball player.

Need water, sneaker/cleats, glove

Coordinator: Tony Devizzio

Summer Programs

Early Bird Summer Registration:
Apr 11-Jun 20

Prices increase \$25 After June 20!



Summer Basketball League

Grades: 4th—8th
Dates: July 5—August 11
Days/Times: Tue & Thu, 6:00-7:30pm
Location: Recreation Center
Fees: C \$75, S \$75, N \$95

A pick-up style league that is split into drills and scrimmages each session. The drills will help develop skills and scrimmages will reinforce them. *Jersey Included*
Coordinator: Tom Reynolds



Summer Basketball League

Grades: 9th—12th
Dates: July 8—August 12
Days/Times: Fridays, 6:00-7:30pm
Location: Recreation Center
Fees: C \$50, S \$50, N \$70

The 9th-12th grade division will consist of only pick-up style games. New teams will be picked each night. *Jersey Included*

Coordinator: Tom Reynolds



Intro to Ice Skating

Ages: 3 and up (Adults included)
Dates: Jul 5—Aug 23
Days/Times: Tues, 5-6:30pm
Location: Saratoga Springs Ice Rink
Fees: C \$50, S \$70, N \$70

An 8 session program to learn how to ice skate. Each class will consist of 1/2 hr instruction and 1/2 hr practice. *Helmet Required*
Skate Rentals \$25/session or \$4/class
Coordinator: Jill Ramos



Track Program

Ages: All
Dates: July 7—Aug 11
Days/Times: Thursdays, 6:30-8:00pm
Location: Saratoga Springs High School
Fees: FREE

Join Tom Reilly this summer and develop new techniques to become a better runner and learn about events in track and field. *Need water and running shoes*
Coordinator: Tom Reilly



Running Program

Ages: All Ages and 11yrs and older
Dates: June 27—August 14
Days/Times: All Ages: M/W at 6pm
11yrs+ ages: T/Th/F/S/S at 10am
Location: Spa State Park (little theater)
Fees: FREE

Run through the State Park this summer with Art and Linda Kranick! All Ages including families are welcome Mon and Wed. Classes for ages 11yrs or older are held Tu/Th/Fr/Sa/Su. *Need water and running shoes*
Coordinator: Art and Linda Kranick



Skating for Groms

Ages: 4-8 yrs old
Dates: July 11—August 15
Days/Times: Mondays, 5:00-6:00pm
Location: East Side Recreation
Fees: C \$50, S \$50, N \$70

An introduction to skateboarding for children. Start developing fundamentals that will help your child be a safe and successful skateboarder. *Need water, helmet, pads, board*
Coordinator: Benj Gleeksman



Flag Football

Co-Sponsored w/Saratoga Pop Warner
Ages: 5-10 yrs old
Dates: July 6—Jul 31
Days: Wednesdays and Sundays
Times: 6:00-7:00pm
Location: East Side Recreation
Fees: C \$50, S \$50, N \$70

Join our first recreation flag football program. Players will be divided into 3 age groups: 5/6, 7/8, 9/10. Practices will be Wed and games will be on Sun. Games are 2 20 minute halves. *Need water, sneakers/cleats*
Coordinator: Chris Martin, SS Pop Warner

Ice Rink Information



Visit www.SaratogaRec.com to view the monthly public ice skating schedule.

Ice Skating Lessons— see page 6

Birthday Parties Available— Call Us

Open: Public and Family Skate

Fees: C Adult \$4, C Child/Sr \$3,
N Adult \$5, N Child/Sr \$4 5 & under Free
Skate Rentals \$4, Sharpening \$4

Open Adult Hockey and Stick

Fees: C Adult \$10, C Child/Sr \$8,
N Adult \$12, N Child/Sr \$10, Coach \$5

Open Figure Skating

Fees: C Adult \$12, C Ch/Sr \$10,
N Adult \$14, N Ch/Sr \$12, Coach \$5
Punch Cards are available for discounted rates.

Recreation Center

Visit www.SaratogaRec.com to view the Recreation Center's monthly schedule. The Rec Center's 4 courts can be converted for pickleball, basketball, volleyball and other activities.

Pickleball

Times: M/W/F 9-11am Sun (varies)
Fees: C \$3, S \$3, N \$4

Racquetball

Times: 1hr blocks
Fees: C \$5, S \$5, N \$10, Sr C \$3,
Sr S \$8, Sr N \$8 (per player)

FREE Open Gym and Game Room

Times: Check Website for monthly schedule.

Adult Basketball

Times: Check website
Fees: C \$3, S \$3, N \$5



Birthday Parties at the Saratoga Rec Center

Parties can be scheduled year round, call early to secure specific locations and times

- Can include MP Room, Game Room, Gym Time and/or Kitchen
- Check out our Party Packages and Themes!
10 Person party: City Res. \$100, Non City Res. \$125
11-20 person party: City Res. \$150, Non City Res. \$175
Choose from Basketball, Football, and Soccer themes

Birthday Parties at the Ice Rinks

Parties are held during: Family Skate and Open Public

- Please Bring: Your own food, drink and decorations.
- The Ice Rink staff will set up a table for you in the lobby or locker room.
- Party cost includes price to skate and skate rentals

Camp Saradac *Now 8 Weeks*

Early Bird Camp
Registration Ends
May 16

Registration Dates

City Residents: Feb 29-May 16
All Residents: Mar 21-May 16

Camp Saradac at the Recreation Center is a summer Day Camp for children ages



5-15. Camp Saradac offers exciting new field trips, creative recreational and educational programs, arts & crafts, and weekly visits to the Peerless Pool. Camp activities are designed to promote fun and fitness while providing opportunities to grow!

Camp Dates

June 27-August 19 Closed July 4th

Camp Hours

Regular: 9:00am - 4:30pm
Drop off: 8:45-9am Pickup: 4:30-4:45pm
Before Care: 7:30am - 9:00am
After Care: 4:30pm - 6:00pm

Camp Fees

	EB - Early Bird	AEB - After Early
	City	Non City
EB Weekly	\$ 170	\$ 235
EB Full 8 Wks	\$ 795	\$1085
AEB Weekly	\$ 195	\$ 260
AEB Full 8 Wks	\$ 820	\$1100
Before Care Wkly	\$ 30	\$ 40
After Care Wkly	\$ 30	\$ 40

Limited scholarships are available and will be awarded on a first come, first serve basis

Recreation Facilities

- Saratoga Springs Recreation Center**.....15 Vanderbilt Ave
Multi-Purpose Room, Game Room, Racquetball Court, Multi-Purpose Gymnasium, Playground, Interactive Spray Fountain
- East Side Rec**.....226 Lake Ave
Playgrounds, Interactive Spray Fountain, 3 Basketball Courts, 6 Tennis Courts, Handball Court, Skate Park, 1 Football Field, 6 Baseball Fields, Paved Track
- West Side Rec**.....166 Division St
Playground, Interactive Spray Fountain, 3 Tennis Courts, 2 Basketball Courts, 3 Baseball Fields
- North Side**.....5 Clement Ave
Playground, 2 Lacrosse/Soccer Field
- Veterans Memorial Park**.....10 Adams Rd
Playground, Interactive Spray Fountain, Baseball Field, 4 Softball Fields, 2 Basketball Courts, 4 Tennis Courts, Jogging Path
- East Side Skate Park**.....226 Lake Ave
Ramps, Rails, 1/4 Pipe, Half-Pipe
- Geyser Crest Courts**.....26 Hathorn Blvd
2 Basketball Courts
- Saratoga Springs Ice Rinks:**
 - Vernon Arena Ice Rink**.....30 Weibel Ave
Regulation Sized Rink, Seats 500
 - Weibel Avenue Ice Rink**.....30 Weibel Ave
Olympic Sized Rink, Seats 1500
- Waterfront Park**.....622-630 Crescent Ave Picnic Area, Fishing, Non-Motorized Boat Launch