

Saratoga Springs Rec Department

2016-2017 Fall/Winter Program Brochure



Rec. Center Summer Hours

May 31-Oct 9
Monday-Friday.....8am-8pm
Saturday.....11:30am-5pm

Rec. Center Fall/ Winter Hours

Monday-Friday.....8am-9pm
Saturday.....8am-8pm
Sunday.....11am-7pm

*Portions of the Recreation Center will be closed 8/22-9/5 for maintenance.
Please visit www.SaratogaRec.com for updated maintenance information.*

Closed Holidays: Sept 5, Nov 24, Dec 25, Jan 1

Holiday Hours: 11am-7:00pm Oct 10, Nov 11, Nov 25, Jan 16, Feb 20

Holiday Hours: 8am-7:00pm Nov 23; 8am-4pm Dec 24, Dec 31

2016-2017 Early Bird Registration Dates

Fall Soccer:	June 6-Aug 15	Spring Programs:	Jan 30-Mar 27, 2017
Fall Programs & Basketball:	Aug 22-Oct 11	Camp Saradac City:	Feb 29-May 15, 2017
Winter Programs:	Nov 7-Dec 27	Camp Saradac All:	Mar 14-May 15, 2017
		Summer Programs:	Apr 10-Jun 19, 2017

*Special Early Bird Pricing in effect during these Registration Periods.
Prices increase \$25 after Early Bird Registration Period ends.*

15 Vanderbilt Ave, Saratoga Springs NY, 12866 - (518) 587-3550 ext 2300
www.SaratogaRec.com - recreservations@saratoga-springs.org

C=City Resident, S=School District Resident, N=Non School District Resident
To Register: Visit Rec Center or Mail to 15 Vanderbilt Ave



Rec Card & Registration Info

Early Bird
Fall Soccer
Registration:
June 6-Aug 15
Register Early and Save!

- The Rec Card is a yearly agreement that allows participation in Saratoga Springs Recreation Department programs and drop-in sessions at the Recreation Center or Ice Rinks. Rec Cards can be obtained at the Rec Center at 15 Vanderbilt Avenue.
- Proper City or School District proof of residency must be provided when applying for a Rec Card. City and School district residents can provide a property or school tax bill, water/sewer bill, or utility bill. Driver's license with another matching proof of address will also be accepted.
- Registrations are accepted by mail or in person at the Recreation Center. Cash or Check only. No Credit Cards. Please choose wisely when registering. No refunds or credits will be given unless the Recreation Department cancels or changes a program.
- All programs have min/max enrollments and registration will be accepted on a first come, first served basis. To avoid your child being placed on a waitlist it is advisable to register early. Fees must be paid in full when registering. The Recreation Department may cancel classes or adjust program schedules without notice when necessary.



Youth Soccer League

Little Kickers Ages 3-5: Sat
Big Kickers Grade K: Sat
EPL Div Grades 1-2: Tue & Sat
MLS Div Grades 3-4: Tue & Sat
Club Div Grades 5-6: Wed & Sat
Superstar Div Grades 7+: T/W/Th & Sat
Dates: Sept 10-Oct 29
Times: Wk 5:30-7:30pm/
Wknd 9am-1pm
Location: The Saratoga Casino and Raceway (342 Jefferson St.)
Early Bird Fees:
 Kickers: C \$35 S \$60 N \$ 85
 Grades 1-12: C \$50 S \$75 N \$100
 Add child: C \$35 S \$60 N \$ 85
Register Early and Save!
Coaches Meeting: Tues, Aug 30th 6-8pm

Follow your Goals with us!

Our Co-ed soccer program is separated into multiple divisions to ensure players develop appropriately. The Kickers programs play one time per week, on the weekend. All other divisions play once during the week and once on the weekend. Divisions and schedules may change depending upon registrations.
-Tee Shirt Included
Need Water, sneakers/cleats, shin guards
Coordinator: Jeff Geller, FTFA Soccer Coach
Kickers Coord: Stephanie Geller

Fees after Aug 15th:

Kickers: C \$60 S \$85 N \$110
 Grades 1-12: C \$75 S \$100 N \$125
 Add child: C \$60 S \$85 N \$110

Can't get enough soccer! Become a volunteer Coach. Two Volunteer Coaches are needed per team. Early Bird Registration Fee is waived on or before 8/15/16 for the child of each coach. \$25 Registration fee will apply after 8/15/2016.

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Fall Programs

Fall Program
Registration:
Aug 22-Oct 11



Field Hockey

Ages: 8-14
Date: Sept 15-Oct 20
Time: Thur 5:30-6:30pm
Location: Recreation Center Field
(15 Vanderbilt Ave)
Fees: C \$50 S \$50 N \$70

Our Field Hockey program allows interested participants the opportunity to try out the sport. The instructor will help to develop the basic fundamentals necessary to become a successful Field Hockey player.

Need water, stick, shin guards
Tee Shirt Included

Coordinator: Christine Taber, HS & College Official
 Jackie Danek, All American, Hamilton College



Volleyball

Ages: 8-14
Dates: Sept 14-Oct 19
Time: Wed 6:00-7:30pm
Location: Recreation Center
Fees: C \$50 S \$50 N \$70

Our Fall Volleyball program is geared towards youths who wish to learn the rules and skills required to be a successful volleyball player and to move into team play.

Need water and sneakers
Tee Shirt Included

Coordinator: Willie Davis, USA Volleyball Sanctioned Coach



Indoor Floor Hockey

Ages: 6-12
Dates: Sept 14-Oct 19
Time: Wed 6:00-7:00pm
Location: Recreation Center
Fees: C \$50 S \$50 N \$70

Our Indoor Floor Hockey program is held at the Rec Center. The Rec Center will provide sticks made for play on a hardwood floor. The program will consist of pick-up style games.

Need water and sneakers
Tee Shirt Included

Coordinator: Wes Clark, Program Coordinator



Tiny T-Ball

Ages: 3-5
Dates: Sept 14-Oct 19
Time: 3-4 yrs Wed 4:00-4:30pm/
4-5 yrs Wed 4:30-5:15pm
Location: Recreation Center
Fees: C \$50 S \$50 N \$70

Our Tiny T-Ball program is separated into 3-4 and 4-5 yr old groups. Participants will learn basic hitting, fielding, throwing and base running. Parents, please expect to participate and be part of the fun!

Need water, sneakers, glove
Tee Shirt Included

4 yr olds with previous experience should register for the 4-5 yr old group.
Coordinator: Wes Clark, Program Coordinator



Zumba Fitness

Ages: 16+
Session 1: Sept 14-Nov 2
Session 2: Nov 9-Dec 28
Session 3: Jan 4-Feb 22
Time: Wed 6:00-7:00pm
Location: Recreation Center
Session Fees: C \$44 S \$60 N \$76
Drop In: C \$ 6 S \$ 8 N \$10

Zumba® Fitness classes are often called exercise in disguise. We take the "work" out of workout by mixing low and high intensity moves for an interval-style, calorie-burning dance fitness party.

***Try Zumba for free Wed Sept 7 at 6:00 pm**
 Co-sponsored by the City of Saratoga Springs and the NYS Office of Children and Family Services through the Saratoga County Youth Bureau
***No change in Zumba pricing after Oct 11th**

Coordinator: Janine Hawthorne, Certified Instructor

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Basketball Programs

Early Bird
Basketball Registration:
Aug 22-Oct 11
Register Early and Save!

New - Tiny B'Ball - *New*

Intro & Youth Basketball League



Join us on the
Rec Center

Our new Tiny B'Ball co-ed program for 3-5 yr olds and their parents along with our Intro to Basketball co-ed program for Grades K-1 are great ways to become introduced to the sport and learn basic skills. Our Youth Basketball program for Grades 2-12 emphasizes fun, team play and sportsmanship, as well as skills development. Please be sure you are committed to the program prior to signing up. If you drop out after teams are formed, it will effect the entire team.

Days and times subject to change

Tiny B'Ball *co-ed*

Dates: Nov 5-Dec 17 *No program 11/26
Time: Sat 9-9:45am
Early Bird Fees: C \$35 S \$60 N \$ 85
Fees after Oct 11: C \$60 S \$85 N \$115
Coaches Meeting: No meeting-Parent Child Class
Tiny B'Ball Coord: Wes Clark and George Parker

Boys League

Dates: Nov 5-Feb 11
*No program 11/26, 12/24, 12/31
Times: Wknights, 5:30-9:00pm
Saturday, 9am-8pm
Grades 2-3: Tues & Sat
Grades 4-5: Thur & Sat
Grades 6-7: Thur & Sat
Grades 8-9: Wed & Sat
Grades 10-12: Wed & Sat
*# Participants will dictate grade alignment
Early Bird Fees: C \$80 S \$100 N \$125
Fees After Oct 11th: C \$105 S \$125 N \$150
Intro Meeting: Tues, Oct 18th, 7:00pm
Coaches Meeting: Tues, Oct 18th
Gr 2-3 6:00-7:00pm Gr 4-12 7:00-8:30pm
Skill Evaluation: Sat, Oct 22nd
Gr 2-3: 12-12:45pm Gr 4-5: 1-1:45pm
Gr 6-7: 2-2:45pm Gr 8-9: 3-3:45pm
Gr 10-12: 4-4:45pm

Intro *co-ed*

Dates: Nov 5-Feb 4 *No program 11/26, 12/14, 12/31
Time: Sat 9-10:30am
Early Bird Fees: C \$50 S \$ 75 N \$100
Fees after Oct 11: C \$75 S \$100 N \$125
Coaches Meeting: Tues, Oct 18th 7:00pm
Intro Coordinator: Ron Lewis, Head Coach

Girls League

Dates: Nov 5-Feb 11
*No program 11/26, 12/24, 12/31
Times: Wknights, 5:30-7:30pm
Saturday, 9am-12noon
Grades 2-3: Tues & Sat
Grades 4-6: Mon & Sat
Grades 7-12: Mon & Sat
*# Participants will dictate grade alignment
Early Bird Fees: C \$80 S \$100 N \$125
Fees after Oct 11th: C \$105 S \$125 N \$150
Intro Meeting: Tues, Oct 18th, 7:00pm
Coaches Meeting: Thur, Oct 20th
Gr 2-3 6:00-7:00pm Gr 4-12 7:00-8:30pm
Skill Evaluation: Sat, Oct 22nd
Gr 2-3: 12-12:45pm Gr 4-6: 1-1:45pm
Gr 7-12: 3-4:45pm
Girls and Boys League Coordinator: George Parker
Youth Basketball Coach since 1975

Volunteer Coaches Needed!

*Basketball fanatics take note... Share your love of the game with our players! Join us courtside as a volunteer Coach.
Two Volunteer Coaches are needed per team.
Early Bird Registration Fee is waived on or before 10/11/16 for the child of each coach.
\$25 Registration fee will apply after 10/11/2016.*

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To Register: Visit Rec Center or Mail forms to 15 Vanderbilt Ave

Ice Skating Programs

Early Bird
Registrations:
Fall: Aug 22-Oct 11
Winter: Nov 7-Dec 27
Register Early and Save!

Intro to Ice Skating



It's GR8
to Skate!

Ages: 3 and up
(Adults included)
Fall Session Dates: Oct 25-Dec 17
Winter Session Dates: Jan 3-Feb 25
Session Times: Tues 10-11am, 5-6pm
(choose one): Sat 1-2pm, 2-3pm
Days and Times subject to change
Location: Ice Rinks (Vernon & Wiebel)

This program is designed to introduce participants to the exciting world of ice skating and build upon skills already learned. Our program prepares a skater for more specialized forms of ice skating. A strong foundation in skating can produce a lifetime of pleasure on the ice.

- Classes will be grouped by age and ability and will consist of 1/2 hour instruction and 1/2 hour practice
- A responsible adult must accompany 3-6 yr olds on the ice. Adults do not need skates
- Bike, Ski or Hockey helmets are mandatory for all children, whether they are on the ice or watching from a stroller

Coordinator: Jill Ramos USFS Quad Gold Medalist
Over 15 years experience

Instructors:
Amanda Shelburne Regional and National Coach
PSA Master Rated
Pat Kenkel Regional and National Coach
Over 20 years experience
Kelsey Clechenko National Competitor

Early Bird Fees for Single Session:

City: \$ 50
Non-City: \$ 70
Single Session Fees after Oct 11th or Dec 27th:
City: \$ 75
Non City: \$ 95

Early Bird Fees for Both Sessions:

City: \$100
Non-City: \$140
Fees for Both Sessions after Oct 11th:
City: \$125
Non-City: \$165

Skate Rental: \$ 4/Class
\$ 25 Punch Card/Session

Skaters should wear snow or fleece pants, warm jacket and mittens or gloves.

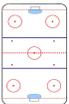
**Open Figure, Hockey and Public skating sessions are also available.
Please see page 6 for information.**

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To Register: Visit Rec Center or Mail to 15 Vanderbilt Ave

Ice Rink Sessions

For Schedule go to:
www.SaratogaRec.com

Attention all Saratoga Springs City Residents!
In order to receive the city admission rate you must provide proof of residency or present your Rec Card.
To obtain a Rec Card please see page 2.



Family Skate: Public skating for parents and children 13 and under.

Open Public: Public skating for all ages

Fees:	City residents (18-49):	\$4
	City residents (6-17 & 50+):	\$3
	NonCity residents (18-49):	\$5
	NonCity residents (6-17 & 50+):	\$4
	Children 5 & under:	Free
	Rentals/Sharpenings:	\$4

Open Figure (with or without coach):

Practice sessions for figure skaters.
Lessons allowed during these sessions.

Fees:	City (18-49):	\$12
	City (Under 18 & 50+):	\$10
	Non-city (18-49):	\$14
	Non-City (Under 18 & 50+):	\$12
	Coaches:	\$ 5



Open Adult Hockey (17+)

Open Adult Hockey 50+

Pick-up hockey sessions designed to play games outside of formal league play.

Full gear (helmet w/ facemask) required.

Open Stick w/ & w/out Coach (all ages) NO games!

Fees:	City (Under 50):	\$10
	City (Under 18 & 50+):	\$ 8
	Non-City (18-49):	\$12
	Non-City (Under 18 & 50+):	\$10
	Coaches:	\$ 5

Work on hockey drills outside of a game situation and in a less competitive environment.
Lessons allowed. *Helmet (w/ facemask) and gloves required.*

Punch Cards

Available for: Open Adult Hockey (17+) & Open Adult Hockey 50+
Open Stick w/ & w/out Coach (all ages)
Open Figure w/ & w/out Coach

Details: Buy 10, get 1 free

****We are not responsible for lost or stolen cards****

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To Register: Visit Rec Center or Mail forms to 15 Vanderbilt Ave

Other Programs and Info



Go Kids

Ages: 2-3 or 3-5
Dates: Sept 9-June 16
Time: Fri 10-10:45am/11-11:45am
Location: Recreation Center
Fees: www.123gokids.com for info

Go Kids introduces preschoolers to seven different sports: soccer, tennis, basketball, hockey, football, baseball and track and field.
To Register go to www.123gokids.com

Coordinator: Adam Feldman, Founder 123 Go Kids



Little Kickers & Big Kickers

Ages Little/Big: 3-5 /K-Grade 2
Session 1: Nov 4, 11, 18, Dec 2, 9, 16
Session 2: Jan 6, 13, 20, 27, Feb 3, 10
Time: Little 5-6pm/Big 6-7pm
Location: Recreation Center
Fees: Register at ftfasoccer.com

Co-sponsored by First Touch Futbol and the Saratoga Springs Recreation Department.
Participants will be introduced to the game through fun activities and will learn skills necessary for soccer play.

Each player must have a parent/guardian present

Coordinators: Jeff Geller, FTFA Soccer Coach
Stephanie Geller



T'ai Chi

Ages: All
Dates: Sept 15-June 15
Time: Wed 10-11am
Location: Recreation Center
Please call Gina Grillo at 692-3357 for cost and additional information

Highly recommended by physicians for older Americans, T'ai Chi Ch'uan, an ancient Chinese body/mind exercise is a low impact physical and mental workout. T'ai Chi is an excellent form of exercise for older adults, as well as everyone else!

Coordinator: Gina Grillo



Birthday Parties at the Saratoga Rec Center

Parties can be scheduled year round, call early to secure specific locations and times

- Can include MP Room, Game Room, Gym Time, and/or Kitchen
- Check out our Party Packages and Themes!
10 Person party: City Res. \$100, Non City Res. \$125
11-20 person party: City Res. \$150, Non City Res. \$175
Choose from Basketball, Football and Soccer themes

Birthday Parties at the Ice Rinks

Parties are held during: Family Skate and Open Public

- Please Bring: Your own food, drink, and decorations.
- The Ice Rink staff will set up a table for you in the lobby or locker room.
- Party cost includes price to skate and skate rentals



Recreation Facilities Rental Opportunities

Contact us at recreservations@saratoga-springs.org to book
Rent our Recreation Center, Ice Rinks or Fields for your next event

Possibilities include:

- Gym rental for basketball and volleyball practices, games or tournaments.
Tournament rental include access to kitchen, concessions, multipurpose and game rooms.
- Ice Rink rental for parties and tournaments
- Field rental for soccer, softball and baseball practice, games or tournaments

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Rec Center Sessions

Please visit SaratogaRec.com for up-to-date schedules

Buy 10, Get 1 Free
Punch Cards available for
Adult Basketball, Pickleball,
Racquetball and Walleyball

Open Gym

Ages: All
Dates: Sept-June
Times: www.SaratogaRec.com
Fees: Free

Adult Basketball

Ages: 18+
Dates: Sept-June
Times: Tues & Thur (chk website for times)
Fees: C \$3 S \$3 N \$5

Racquetball/Wallyball

Ages: All
Dates: Sept-June
Times: Racquet 1hr blocks/Wally 2 hr blocks
Fees: C \$5 S \$5 N \$10
Seniors C \$3 S \$3 N \$8

Pickleball

Ages: All
Dates: Sept-June
Times: M/W/F 9-11am Sun (varies)
Location: Recreation Center
Fees: C \$3 S \$3 N \$4

Recreation Facilities

- Saratoga Springs Recreation Center**.....15 Vanderbilt Ave
Multi-Purpose Room, Game Room, Racquetball Court, Multi-Purpose Gymnasium, Playground,
Interactive Spray Fountain
- East Side Recreation Park**.....226 Lake Ave
Playgrounds, Interactive Spray Fountain, 3 Basketball Courts, 6 Tennis Courts,
Handball Court, Skate Park, 1 Football Field, 6 Baseball Fields, Paved Track
- West Side Recreation Park**.....166 Division St
Playground, Interactive Spray Fountain, 3 Tennis Courts, 2 Basketball Courts, 3 Baseball Fields
- North Side Recreation Park**.....5 Clement Ave
Playground, 2 Lacrosse/Soccer Field
- Veterans Memorial Park**.....10 Adams Rd
Playground, Interactive Spray Fountain, Baseball Field, 4 Softball Fields, 2 Basketball Courts,
4 Tennis Courts, Jogging Path
- East Side Skate Park**.....226 Lake Ave
Ramps, Rails, 1/4 Pipe, Half-Pipe
- Geyser Crest Courts**.....26 Hathorn Blvd
2 Basketball Courts
- Vernon Arena Ice Rink**.....30 Weibel Ave
Regulation Sized Rink, Seats 500
- Weibel Avenue Ice Rink**.....30 Weibel Ave
Olympic Sized Rink, Seats 1500
- Waterfront Park**.....622-630 Crescent Ave
Picnic Area, Fishing, Non-Motorized Boat Launch