



## SARATOGA SPRINGS RECREATION DEPARTMENT

### RECREATION CURLING RULES

1. **THE STONES MUST STAY IN CONTACT WITH THE ICE AT ALL TIMES** – Rink STAFF are the only ones **ALLOWED** to pick them off from the ice. Picking up a stone to throw it or if it gets dropped will cause damage to both the stone and ice. - Anyone not adhering to rule will be removed from play & any damage cost to replace or repair will be administered.
  - a. Safety on Ice - Proper footwear must be wore (rubber-soled shoes required) – no open toed shoes or shoes with heels will be permitted.
  - b. Walking on Ice - Enter ice at nearest “HOUSE” you are playing on. Walk on ice with hand on dasher, outside of throwing lanes when entering “HACK AREA” and unless retrieving stones from play.
    - i. Retrieve stones after all stones are thrown from “HACK AREA”
      1. if a stone does not reach “FREE GUARD ZONE” and past “HOG LINE”, stone will be considered out of play and must be removed from play and prior to next stone being thrown.
    - ii. Non-throwing players must stay back against dashers. (Side boards)
2. Games will be timed – must finish end. (All stones thrown by both teams at same end – Collect all stones and return to “Box” by sliding along ice, along with “HACK” and support bar – Then exit out same door you entered. **DO NOT WALK ACROSS ICE.**
  - a. **BACKYARD CURLING SCORING**

Button or Center of House – Completely In or Touching – Bottom of Stone – 5 Points, Inner Circle – Completely In or Touching – Bottom of Stone – 3 Points Outer Circle – Completely In or Touching – Bottom of Stone – 1 Point. No Points recorded, if not with in Outer Circle
  - b. Players using curling sticks must stay in direct line from hack to button and must release the stone before the lead foot reaches the (black) 3-point line.
3. Players shall not cause damage to the ice surface by means of equipment, handprints or body prints, or any footwear that may damage the surface of the ice.
4. BACKYARD Curling has been created to develop a fun way of introducing the sport of curling to our area. Please follow these rules, for all competitors to enjoy the sport of curling:
  - a. Be courteous, show good sportsmanship, and be complimentary of not only your teammates, as well as your opponents.
  - b. Be ready – Get to the Hack as soon as soon as your opponent has delivered his/her rock. Keep game moving.
  - c. Keep the ice clean – Clean shoes (rubber-soled shoes) prior to entering the ice surface.
  - d. Be on time – Get to arena early to prepare to get on ice early to warm up before game time.
  - e. Get a sub – There may be times when you’re not able to curl as scheduled. It’s your responsibility to get a substitute.