



Dated: June 23, 2023

30 MINUTE HIT DAY

NOW THEREFORE, I, Ron Kim, Mayor of the City of Saratoga Springs, am pleased to join with my fellow Saratogians in celebrating the grand opening of 30 Minute Hit and to extend to its owners and its employees, our very best wishes for success in the years to come. I hereby proclaim today June 23, 2023, as

WHEREAS, 30 Minute Hit celebrates the grand opening of its location at 3 Hampstead Place, Suite 104A; and;

WHEREAS, 30 Minute Hit combines boxing, kickboxing and self-defense techniques with core exercises to deliver a full body workout in 30 minutes; and;

WHEREAS, 30 Minute Hit is a women's only gym designed to help like-minded women achieve their fitness goals; and;

WHEREAS, the City of Saratoga Springs aims to create a community of health and wellness for its residents. Gym and workout locations provide residents the opportunity to become the healthiest version of themselves; and;

A PROCLAMATION
OF THE CITY OF SARATOGA SPRINGS, NEW YORK

RON KIM
Mayor